

Diabetes Management and Education Group (DMEG)
National Study Day and AGM

Date: Tuesday 6 October 2009
Venue: Weston Theatre, Manchester Conference Centre, Weston Building,
 Sackville Street, Manchester, M1 3BB
Topic: **'National and local perspectives on managing diabetes and pregnancy and
 transitional care for young people**
Cost: DMEG Members £60 / Non-members £80

Aim: To update Dietitians' knowledge and understanding about the treatment and management of diabetes during pregnancy; and in transitional care for young people.

Learning objectives:

- To discuss the national guidance for diabetes and pregnancy.
- To understand the issues faced when planning and managing diabetes in pregnancy – a personal perspective.
- To give an overview of insulin pump treatment for diabetes in pregnancy.
- To discuss the national guidance for transitional care for young people with diabetes.
- To discuss the approaches that can affect outcomes and transitional care for young people with diabetes.

Programme Outline:

9.30am **Registration & Coffee**
 10.00am Annual General Meeting - DMEG members only
10.45am Tea & Coffee Break
 11.00am Update from Diabetes UK – all welcome

Pregnancy and Diabetes

11.30am **National perspectives on Diabetes and Pregnancy**
 Speaker to be confirmed
 12.00am **Planning and Managing a Pregnancy**
 (A patient's story)
 12.15pm **Pumps and Pregnancy**
 Dr Helen Murphy, Consultant Physician, Addenbrooke's Hospital, Cambridge
 12.50pm **Questions for panel**

1.00pm Lunch

Transitional Care

2.00pm **National Perspectives on Diabetes and the care of Young People**
 Libby Dowling, Diabetes UK
 2.45pm **What makes a difference in terms of outcome for young people with diabetes?**
 Helen Murphy, Consultant Physician, Addenbrooke's Hospital, Cambridge
 3.15pm **Innovative approaches to diabetes care**
 John Poyton (Youth Worker, King's College Hospital, London) & Director of Redthread
 4.00pm **Questions for panel**
 4.15pm **Evaluation and close**

Registration: To download a registration form please visit www.dmeg.org.uk and send to:
 Jacqui McAleer
 JM Associates
 (DMEG Study Day)
 13 Grove Street
 Summertown
 Oxford, OX2 7JT

Registrations close on 21 September 2009 – but contact Jacqui McAleer on 01865 558000
 or email info@jmevents.co.uk in case there are any places left